

Communauté de Grandchamp

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Grandchamp 4 - CH 2015 Areuse
Tél. 0041 32 842 24 92 - Fax 0041 32 842 24 74
volontariat@grandchamp.org

Information for volunteers

We are an international community of women emerging from the Reformed Church tradition. The core of our vocation is to live **unity and reconciliation** in the church and in the world.

Our community is based in the monastic tradition. "Ora et labora," (pray and work) orients our daily life.

Silence and solitude are two important elements in our life.

The welcome of groups and individuals seeking to develop their spiritual life is also a part of our vocation.

We also welcome women and men as **volunteers** to share in our life of prayer and work for extended periods of time. These volunteers come from a variety of countries and backgrounds.

We attempt to maintain a **simple life** where possible. We share a sense of solidarity with those who seek to live harmoniously and respectfully in relationship to creation and all humanity.

Our **common prayer**, the heart of our communal life, takes place four times daily. You are invited to join us for this.

Our **volunteers** have a place somewhere between that of community resident and that of a short term guest. Two sisters accompany the group of volunteers and facilitate their link with the rest of the community (a brief meeting each morning, a meal and time of sharing each week).

A sister in the community will be available as your vis-à-vis. She is someone with whom you have regular personal contact and who can accompany you spiritually.

Concerning the **work**; you will be integrated in the areas of cleaning, laundry, kitchen tasks and gardening (especially in the summer).

Your work will follow this rhythm:

- 2 full days and 4 half days each week:

mornings from 9-12 and afternoons from 3-6.

- we ask that you help with cleanup after each meal - washing, clearing, drying etc.

- **Sunday** is a day of rest

You will receive room and board in exchange for your services. Your meals are shared with the sisters and guests. You are offered an individual room with bedding and towels provided. We ask that you bring your own toiletries, writing materials, etc. and that you are covered by a personal health insurance policy.

In the welcome hall you find a **computer** with internet connexion. You may also connect your portable computer.

Our main language is French and all our prayers are held in French.

In general, your length of stay is a minimum of **three or four weeks**, though you may find that it benefits you to stay for a longer period of time.

If you are interested in this opportunity we invite you to tell us about yourself and your reasons for wanting to volunteer at Grandchamp. Don't forget the following information:

First and last name:

Postal Address:

Telephone number:

Date of birth:

Thank you very much!

The sisters of Grandchamp

*Pray and work
that God may reign*

*Throuthout your day
let work and rest be animated by
the word of God
Keep inner silence in all things
and you will dwell in Christ
Be filled with the Spirit of the Beatitudes
joy, simplicity, mercy*

from the Rule of Grandchamp

If you would like to go deeper in

your search
your personal journey
your spiritual life

we offer you the option to become a

long term volunteer

for a period of 6 to 12 months

for men and women ages 18-35

You will begin this experience by a month of typical volunteering (see above) which will confirm whether a long term stay is appropriate for you and for the community.

After the first month, you will enter a schedule and rhythm which is more flexible. You will be asked to work 30 hours per week as well as help with the dishes after the meals. Twice a month you will work on Sunday.

You will be accompanied by a sister throughout the length of your visit. The framework for 'au pair' will remain identical to that which is described above but you will also receive some pocket money. During your stay, you are responsible for your own health insurance.

To provide us with more detailed information, we ask you to send us a letter telling us about your motivation to become a long term volunteer.

Thank you very much!

The sisters of Grandchamp